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Photo by Anthony Richards

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Send us your news

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BRIEFS

Writers to learn about real world of law enforcement

Northeast Florida Sisters in Crime invites local writers to bring their friends and coffee to their next meeting to hear another unique presentation about crime and those who fight against it.

Much of what the public believes about how law enforcement works and what's involved in criminal investigations comes from the news, television programs, social media, novels and movies. Just how close to the truth can it be? Sometimes writers get it right and other times, probably not. How do law enforcement professionals tackle real life situations?

The meeting will feature a speaker representing the St. Johns County Sheriff's Office. It will be held at 10 a.m. Saturday, May 6, at the Ponte Vedra Beach Branch Library.

The group welcomes "misters and sisters" to learn more about writing, promoting and enjoying crime fiction

For further information, go to floridasistersin-crime@gmail.com.

Cecil Airport holding job fair on May 6

Approximately 14 companies doing business at Cecil Airport on Jacksonville's west side will participate in a job fair from 9 a.m. to noon Saturday, May 6. Members of the public interested in a position at one of these businesses are welcome to attend.

The job fair will be held at the Cecil Conference Center Theater, Building 333, 13561 Lake Newman St., Jacksonville. Parking is free. The nearest bus stop is at Lake Newman Street and Authority Avenue.

Boeing, Northrop Grumman, FlightStar, LSI, ManTech, Million Air, FSCJ Air National Guard, Customs Border Patrol, Department of Homeland Security, Florida Department Of Agriculture Forest Services, FRCSE-Navy, Jacksonville Sheriff's Department, Tactical Air Support are expected to participate.

Participating businesses are hiring for a wide range of positions at Cecil. These jobs run a wide gamut from aviation maintenance mechanics and electricians, flight tech and maintenance instructors, welders, metal inspectors, composite fabricators, project managers, 911-Dispatchers and HR staff.

Lantana Trio to perform at the library

The Lantana Trio will perform May 9 at the Ponte Vedra Branch Library, 101 Library Blvd., Ponte Vedra Beach.

The Trio is composed of three current or retired members of the Jacksonville Symphony Orchestra: Melissa Barrett, violin; Betsy Federman, cello; and Ileana Fernandez, piano. All three have performed throughout the United States. The concert at the library is free and open to the public. Doors open at 6 p.m.

Palm Valley Market every Tuesday

The Palm Valley Market is held from 10 a.m. to 2 p.m. every Tuesday inside the Palm Valley Community Center, 148 Canal Road. The market offers fresh produce, baked goods, local honey, tea, seasonal treats, soap, jewelry, plants and more.

Women artists topic for Speaker Series

The Friends of the Library, Ponte Vedra Beach, Speaker Series will feature Jan Bialka at 6:30 p.m. Tuesday, May 16. She will present a non-scholarly talk titled "From Known to Unknown Women Artists in the 19th Century."

Bialka is a local artist and a longtime member of the Friends' board. She earned a BA in history and has spent the last 30 years increasing her knowledge through travel and studies in the United States and Europe. She feels that being an amateur gives her a certain freedom of expression

The program at the library is free and open to the public. The doors will open at 6 p.m.

Grief support group to meet

A grief support group meets on the third Wednesday of every month at St. Paul's Catholic Church in Room 107 of the Family Life Center, 578 First Ave. N., Jacksonville Beach. The group is for men and women grieving the death of a family member or friend. The next meeting will be at 7 p.m. May 17. For information, call Kathy at 553-8933.

Repticon Jacksonville set for May 20-21

Repticon is coming to Jacksonville with a mixture of vendors and breeders. This event offers guests the opportunity to learn about animals not normally seen in local pet stores. Breedervendors are always willing to teach in their field of herpetology.

Guests can also shop for a new family pet among the hundreds of reptiles, amphibians, invertebrates, arachnids and small exotic animals. Merchandise, cages, supplies and both live and frozen feeders will be available. Visitors may also get expert advice about caring for their new pet.

PUZZLE SOLUTIONS

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Panel discussion planned on breast cancer prevention treatment and beyond

Chances are breast cancer has impacted someone you know and love; in fact, one in eight women in the United States will be diagnosed with breast cancer in their lifetime.

Members of the public are invited to join Baptist Health at The Sisisky-Kleppinger Annual Endowed Lecture for Women's Health focused on the full circle of breast cancer care — from prevention to intervention and survivorship.

The event will be held from 5:30 to 8 p.m. Wednesday, May 10, and will feature a reception, panel discussion and an audience question-and-answer period. The event will take place at Baptist MD Anderson Cancer Center, 1301 Palm Ave., Jacksonville.

The following experts will serve on the panel, which will be moderated by LeeAnn Mengel, BSN, MBA, vice president of Baptist MD Anderson:

• Cynthia Anderson MD, radiation

oncologist

- Ankit Desai MD, FACS, plastic and reconstructive surgeon
- Angela Mays APRN, breast screening and prevention clinic
- Laila Samiian MD, FACS, surgical oncologist, director of the breast program
- Lara Zuberi MD, medical oncologist There is no cost to attend, but registration is required via WomensLecture. com/2023.

Briefs

ontinued from 2

This event will be held at the Greater Jacksonville Agricultural Fair & Expo Center, 510 Fairgrounds Place, Jacksonville.

Show hours are 9 a.m. to 4 p.m. Saturday, May 20, and 10 a.m. to 4 p.m. Sunday, May 21.

Tickets are sold online only. Prices are \$15 entry for both days, \$12 Saturday (all day), \$10 Saturday (after 1 p.m.), \$12 Sunday (all day), \$6 for children ages 5-12. Children age 4 and younger will be admitted free.

To purchase tickets or for more information about the show, go to repticon.com/florida/jack-sonville.

— Compiled by Shaun Ryan







The Esplanade at Town Center

Stunning 4th floor end unit condominium. Abundance of natural sunlight by day and stunning sunsets by night. This 2 bed/2bath split floorplan offers walk-in closets, hardwood floors, and crown molding. Resort-style amenities including pool, hot tub, fitness room, game and media room- all of this, tucked away in this secure community just steps away from the St Johns Town Center! Comes with 2 assigned parking spots in garage.

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Ponte Vedra Oceanfront Estate

This Oceanfront Estate is the epitome of luxurious coastal living. Spread across 1.67 acres of land, this grand estate sits upon a 33ft natural bluff and boasts 175ft of ocean frontage. Built by Benchmark Home in 1997 with masonry construction, features multi-level oceanfront Saturnina patios with pool and spa amply bolstered by an expansive sea wall. This property is one of 13 oceanfront homes with Geotubes installed to protect the dunes. The private drive, lush with Florida fauna, brings you to the motor court and two 2-car garages for ample parking. Upon entering, you will be greeted by an elegant foyer that leads to the spacious living room with grandiose floor-to-ceiling windows that offer panoramic ocean views. This estate features a total of 5 bedrooms and 5 full and 2 half bathrooms, with the palatial owner's suite on the 1st floor. Two guest bedrooms with ensuite baths, a wine room, large office and half bath are also on 1st level. Upstairs has an additional living space fully equipped with wet bar and dining nook, in addition to 2 guest bedrooms with ensuite baths. This Oceanfront Estate in Ponte Vedra Beach is a rare find, perfect for those looking for exclusive waterfront living, style, and tranquility. With it's stylish design, endless list of features and prime location, this estate is a must-see for anyone searching for the ultimate coastal mansion.

5 Bedrooms, 5 Full Baths, 2 Half Baths \$10,250,000



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The Recorder's garden columnist Kathy Esfahani of Kathy's Creative Gardens & Nursery shares her tips for growing gorgeous gardens in Northeast Florida.

KATHY'S GARDENING GUIDE

Shade Landscaping

"Someone is sitting in the shade today because someone planted a tree a long time ago." — Warren Buffett



Kathy Esfahani

By Kathy Esfahani

As Florida is the "Sunshine State," we are always talking about plants that need full sun or love the heat! But it is also important to choose the right plants for

shady areas of your landscape.

When planning for the shady portion of your yard, start by watching how the sun moves across your landscape. Take notes! Depending on the path of the sun, your area could get four hours of direct sunlight per day combined with partial shade during other times. Also, notice how dense your shade is and, therefore, how light or dark it is at ground level.



Shade Landscape

Shade-tolerant plants grow well if they receive fewer than four hours of sun, especially if these hours are during a cooler time of day. They grow in shade that moves — for example, shade

caused by tall trees — or partial shade throughout the day. These plants prosper in an environment where the soil drains rather than becomes too soggy.

These tips will help guide your shade landscaping:

- Know your shade: Understanding the amount of shade and indirect light your area receives is the biggest key to the success of a shady part of your landscape. All plants need sunlight to survive, so look for areas with indirect sunlight instead of dark areas with overly wet soil.
- Light and Color: Just because an area is shaded, don't feel like you are limited to only green plants! There are quite a few plants, such as caladium, with beautiful color to add to a shade landscape.
- Mixture of Heights: A mixture of ground cover with medium to tall plants will create depth for a lush shade garden.

Several plant varieties love the shade! When planning your shade

Photos provided by Kathy's Creative Gardens & Nursery



Begonia

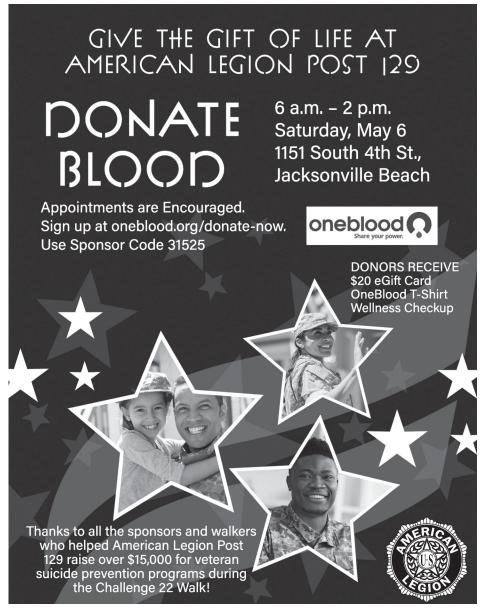
landscape, be sure to consider arboricola, asiatic jasmine, begonia, bromeliads, caladium, canna lilies, cast iron plants, coleus, farfugium, foxtail fern, ginger (ornamental and variegated), Hawaiian ti, impatiens, liriope and variegated flax lily.

Enjoy the shade!

Flower of the Week: Begonia

Please email Kathy at kcg.pvr@gmail. com for any questions or gardening tips you would like to see in the future. For more information and ideas, visit Kathy's Creative Gardens & Nursery, 196 N. Roscoe Blvd. The phone number is 904-655-7373.





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6 ONE OF US Ponte Vedra Recorder · May 4, 2023

As general manager for Cabana Beach Club, Aja Owens oversees restaurant and club operations at the private beach club located at 619 Ponte Vedra Blvd.

Local residents are eagerly anticipating the opening of 1912 Ocean Bar & Rooftop, a new, upscale dining experience unlike any other in the immediate area.

Aja Owens

As told to Shaun Ryan

What is your background?

I was born and raised in St. Augustine, Florida. I graduated with a degree in hospitality management from the University of West Florida and immediately started work with the Sawgrass Marriott as an intern. I worked as the front office supervisor, then worked in the spa as a spa manager. I started working at the Cabana Beach Club as a food and beverage operations manager in 2016, and after Hurricane Irma flooded our building, we had to demolish it and start over. Our new building is nearly finished and we are so excited to open our new

Sounds great. Tell me more.

We could not be more excited. Over six years ago we moved all our restaurant operations into the much smaller pool bar restaurant building. Now, we're about to open our brand new building with two restaurants.

On the first floor, Seaporch is our casual beachfront restaurant. It will be open to Cabana Beach Club members and Sawgrass Marriott guests only.

On the second floor, 1912 Ocean Bar & Rooftop will be our more upscale restaurant and open to the public.

Have you had any feedback from the public?

More than anything, people can't wait for the rooftop bar to open.

We've gotten a lot of member feedback while planning the new menus, and I know they're going to love the new options. The handcrafted cocktails and wine selection, especially.

Our culinary team has done a great job featuring local seafood on our new menu. We'll have everything from oysters to local fish entrees, flatbreads and hand-cut steaks.

We're going to have a great happy hour menu, and there will be live entertainment.

What do you like most about what you do?

I love working closely with our chefs to build our menus. We change them seasonally with feedback from our members.

What do you like most about living in this

I love the beach. Even though I'm here at the beach every day for work, I still head there with my family on my days off.

How do you like to spend your free time?

My husband and I have a 5-year-old son, so we spend all our free time playing in the yard, going to T-ball practices and games, and walks to the park. Working in the hospitality industry can mean late nights or irregular hours, but we make the most out of the time we have together.



With a view of the beach behind her, Cabana Beach Club General Manager Aja Owens stands on the balcony of 1912 Ocean Bar & Rooftop.

Ponte Vedra Recorder · May 4, 2023 COMMUNITY NEWS 7

PVHS biotech academy at the forefront of field

By Anthony Richards

Biotechnology is one of the most cutting-edge life sciences currently and Ponte Vedra High School is doing its part to make sure the next generation of scientists are well prepared with the school's Academy of Biotechnology and Medical Research.

Students in the academy are presented with the opportunity to earn industry certification credentials by participating in various internships and dual-enrollment courses in conjunction with St. Johns River State College and the University of North Florida.

"It's the future of modern genetics and modern biology," senior Sarah Wicker said. "I knew in middle school that I would be very interested in pursuing this academy. The academy has helped because we are really able to dive deep into the subject matter. I feel very prepared and ready for my time in college as a result."

Fellow senior Mary Kate Reynolds and Wicker have each been in the program all four years of high school and are planning to continue their curiosity for the field into college and beyond.

"It's the best decision I've ever made," Reynolds said. "When I went into high school I figured I wanted to be a doctor, but I wanted to join the academy because I know biomedical research is such an important field. Dr. Kehoe is the best and it has opened just so many doors for me."

One unique thing about the academy is that it not only introduces the course material in the classroom setting, but it also combines firsthand learning through a project-based approach that includes field studies, guest speakers and summer internships.

"New things are being learned every day, and that's the exciting thing about science," Reynolds said. "You just never know what it's going to look like in the future."

It is one of the things Reynolds has enjoyed the most about the academy.

"My internship last summer with Pets R Family Veterinary Hospital (in St. Johns County), so I actually got to go into a clinical setting and use what I had learned," Reynolds said. "Getting to work with people who had been doing it for a long time in a real-world setting was very cool and I'm grateful for it."

Taking part in more experimental sciences as part of her senior year has opened up some fun avenues of exploration and it is something she has treasured.

"We've gotten a lot more freedom and control over our learning experiences as seniors and it is through the progression that I've really developed a passion for the research side of things," Wicker said. "I am planning more of a biomedical engineering route in college."

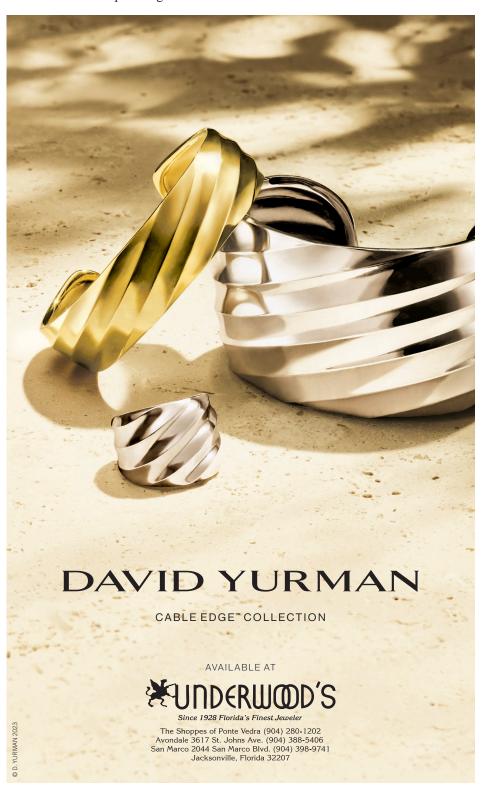
During their junior year, the two competed in a competition called "Project Innovation," which was designed to encourage students to come up with problem-solving methods for a modern problem.

Their group representing the biotech academy finished second at the district level and as a result, Wicker and Reynolds wound up being recently awarded a provisional patent for their idea.

"That was such an incredible thing to be able to do and be recognized for," Wicker said. "I know I would not have been able to do it if it wasn't for my time in this academy. Dr. (Kathryn) Kehoe is such an amazing teacher, and I don't know if there is anyone better suited for the job than her."







COMMUNITY NEWS Ponte Vedra Recorder · May 4, 2023

Paul Harris Fellows recognized

The Rotary Club of Ponte Vedra Beach recently recognized members Jack Parker and George McCaughan, shown here with Club President Doc Renuart, for achieving multiple Paul Harris Fellow status. The Paul Harris Fellow recognizes individuals each time they contribute \$1,000 to The Rotary Foundation, which funds Rotary's humanitarian aid, disaster relief and polio eradication programs around the world.





Live It Up While Dressing Down Binge Night.

We wanted our place to be nice, because being together is our favorite pastime. We go out, dine, exercise and see our friends. (A lot of times, that's just right downstairs.) We're always glad to get home and relax. What's your idea of retirement? It's here, too. At Windsor Pointe. Jacksonville's premier Independent Living residence.



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Pet adoption event runs through May 15

BISSELL Pet Foundation, a national animal welfare organization dedicated to ending pet homelessness, will team up with Dogtopia for the foundation's first Empty the Shelters national adoption event of 2023. Through May 15, the foundation's spring national Empty the Shelters will occur at more than 350 shelters in 45 states with pets available for adoption for \$50 or less, including at the Jacksonville Humane Society (JHS).

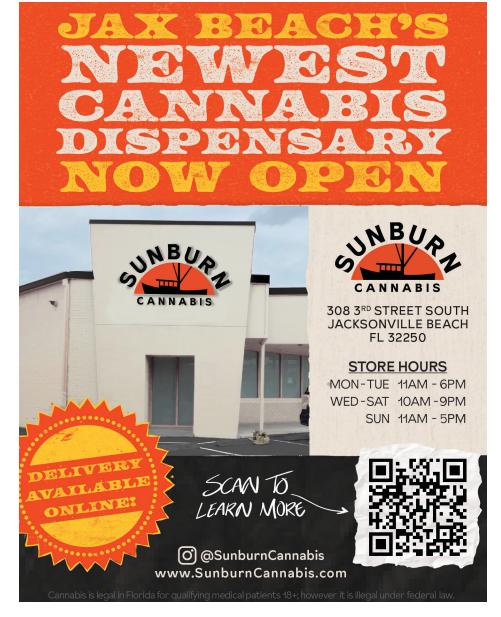
For this event, JHS will reduce the adoption fee to \$25.

Since the 2016 inception of Empty the Shelters, nearly 140,000 pets at 605 animal welfare organizations in 47 states and Canada have received second chances. An average of 1,000 shelter pets are adopted daily during each quarterly national event. Through this partnership and continued support, the foundation is looking forward to reaching more pets in more shelters and communities during the event. During the December 2022 Empty the Shelters adoption event, 146 pets were adopted into their new homes at JHS.

"We are so happy to once again participate in BIS-SELL Pet Foundation's Empty the Shelters event," said Denise Deisler, JHS CEO. "JHS has participated in Empty the Shelters adoption events since 2020, and we have seen so many pets join their loving homes during these events. We cannot wait to see more this time!"

For more information on adopting or donating to Empty the Shelters, go to bissellpetfoundation.org/empty-the-shelters or jaxhumane.org.

All pets at JHS are altered, microchipped and vaccinated prior to adoption. Additional fees such as the city rabies licensing fee, a leash and collar, or a cat carrier may apply.



International Festival celebrates global diversity

The Bolles Lower School Ponte Vedra Beach Campus community held its second annual International Festival recently, with 16 families presenting cultures and international experiences from 12 countries.

The day began with a globally focused opening ceremony in George Hall, which included a student-led welcome in several languages, many poems shared in multiple languages and a guest appearance from Miss Florida's Outstanding Teen Aashna Shah, a local Bollywood dancer and author of three children's books.

At 11:30 a.m., the students began rotations through campus classrooms, visiting the parent cultural presenters who shared demonstrations with students throughout the rest of the day. The Bulldogs collected stickers for their passports as they traveled around the globe, with some classes logging more than 46 hours of "flight time."

International Festival presenters and the countries/cultures they represented included:

- The Callaway family, Argentina World Cup activity and mate tasting
- The Hayward family, Bosnia and Herzegovina Coloring sheet
- The Sasseen family, Ethiopia Alphabet writing workshop
- The Gruenbaum family, Israel Artifact dig
- The Johnson family, Chile Easter Island figurines
- The Ayaz and Kahanda families, Sri Lanka — Games
- The Barakat family, Egypt Costume station photo wall and hieroglyphic game
- The Patel family, India Henna tattoos
- The Slaughter and Hejazi families, Iran New year egg painting
- The Nightingale and Martinez families, Mexico Dance lessons and gritos
- The Vo and Iuliano families, Vietnam
- Currency activity
- The Libby family, United Kingdom
- British word bingo

Contributed photos



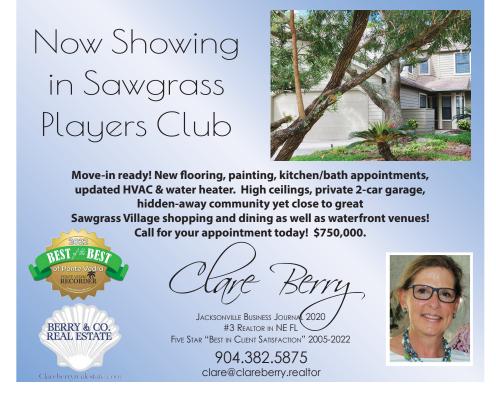
















Anthony Lewis swims to the ladder at the Cimarrone Golf and Country Club pool as instructor Linda Bolger looks on. Lewis said he learned to swim in about five lessons.



Instructor Linda Bolger guides Siri Tadikamallea in her second lesson with the FAST Swim Program. Tadikamallea and her son are both taking lessons.



Instructors Linda Bolger and Jennifer Matthew teach Oliver Bretz and Logan Eskuche to swim on their backs at the Cimarrone Golf and Country Club pool.

Swim program emphasizes safety, timely results

By Shaun Ryan

Every year, hundreds of people — many of them children — drown in Florida. In fact, the Sunshine State has one of the highest rates of drowning, according to the CDC: 2.02 per 100,000 people.

In a state surrounded by water where so many activities are enjoyed not just offshore but also in our lakes and rivers and in many a backyard pool, it seems fundamental that people would prioritize swim safety. Yet, these tragedies persist.

Of course, many lives might be saved if more people — especially young children — learned to swim. But not all swim lessons are equal, a fact that prompted swim safety advocate Linda Bolger to act.

A retired health and physical education teacher from New Jersey, Bolger has taught swimming lessons for almost 50 years. She is the author of "Dunk Your Donuts, Not Your Children," to motivate instructors to teach techniques without resorting to forced submersion. She is also the creator of the FAST Swim Program, which uses personal flotation devices — AKA life jackets — approved by the U.S. Coast Guard to enhance techniques and keep children and adults safe as they learn to swim. (FAST is an acronym for Flotation Aided Swim Training.)

"Four years ago, when I moved to Florida, I real-



Kaylee and Ashlyn Taylor, both 3, and Liam Taylor, 5, swim to mom Stephanie Taylor and instructors Linda Bolger and Jennifer Matthew during FAST Swim Program lessons at the Cimarrone Golf and Country Club pool.

ized that none of the programs that were available made safety during lessons a priority," Bolger said. "That why I started it."

The program, which has about 60 water safety instructors in St. Johns and Duval counties, has been approved by the Florida Department of Health. Lessons are taught in a variety of public and private pools. When people enroll in the FAST Swim Program, they are given the ad-

dress and contact information for the nearest lesson site.

One reason the program is successful is that it mandates instructors apply CDC and AAP (American Academy of Pediatrics) water safety guidelines. In addition to using life jackets, instructors supervise from within an arm's length. The preferred life jackets are the "body glove" type or "puddle jumpers."

The program not only teaches people to swim, it also trains instructors and helps them achieve nationwide certification

In addition to safety, the program has proven especially effective for both children and adults. Bolger said she has heard from many people who, after two years of lessons with other programs, still could not swim.

"Anyone who's 4 and over, we usually can get them swimming anywhere from 10 to 15 lessons," Bolger said. "Every parent, every caregiver leaves here excited to see progress in each and every lesson."

In fact, U.S. Army veteran Anthony Lewis said he learned to swim within five lessons after he enrolled in the FAST Swim Program.

"A lot of our adults said they went from fear to fun in four lessons," Bolger said.

To learn more about the FAST Swim Program, go to fastswimprogram.com or call 609-680-9700.

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Ponte Vedra Recorder · May 4, 2023 COMMUNITY NEWS 11

Girl takes anti-bullying message to Jacksonville school

Michael's 'Ohana recently presented B.R.A.V.E Bunnies for Morning Star School in partnership with Miss Sunshine State Elementary America 4th Grade Gianna Capri.

The event took place April 26 at Morning Star School in Jacksonville and was hosted by Gianna Capri, Michael Alberico's niece. Morning Star School is the only special education school within the Diocese of St. Augustine. Gianna's brother Anthony is in the 8th grade and will attend high school at Morning Star School next fall.

B.R.A.V.E: Building Respect and Values for Everyone is the official national platform and anti-bullying campaign of the Miss Elementary, Miss Jr. High, Miss High School and Miss Collegiate America organization. Mission: B.R.A.V.E. promotes building respect and values for everyone through classroom, library and community presentations to school-aged children and their parents to create awareness and to promote a bully-free and safe environment.

The goal is to reduce the effects of bullying and increase awareness of bullying in schools and communities.

Gianna will represent the State of Florida, Miss Sunshine State Elementary 4th Grade this summer at the Elementary National Pageant in Little Rock, Arkansas. She is currently in the third grade at St. Brendan's Catholic School in Ormond Beach.

Gianna said she was looking forward to speaking to the students at Morning Star School about being B.R.A.V.E and having respect for everyone. Her Uncle Mike taught her being different is just that, different, and that's what makes us all unique.

Gianna passed out "B.R.A.V.E Bunnies" to every student at Morning Star School as a reminder to be kind to all.

The Michael's 'Ohana motto is "Be Someone's Michael" — be kind, loving, respectful, funny, caring, sweet, full of joy and happiness, and always look out

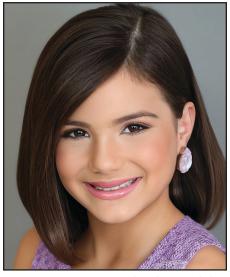


Photo by Ryan Abelgas

for those who may need a helping hand or just a friend.

The Miss Elementary America Pageant was created in 2019 as a division of the Miss High School America Pageant Organization. This scholarship pageant is for young ladies in grades pre-K to sixth grade. The purpose of the program is to introduce girls to the Miss High School America Organization who have

an interest in community service and possibly someday competing in the Miss High School America National Pageants. Participants will build confidence, gain friendships from all over the United States and have the opportunity to compete on a large national stage.

Morning Star School is fully accredited by the Florida Catholic Conference. Its mission is rooted in the Gospel and

strengthened by the sacraments. The school aims to provide a unique, inspiring education empowering students with learning differences to achieve their potential.

Michael's 'Ohana was founded in June of 2021 in memory of Michael Alberico. The organization partners with nonprofits raising funds and gift donations for those specifically with special needs.

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Tickets on sale now for major charitable tournament



The third annual Constellation FU-RYK & FRIENDS presented by Circle K at Timuquana Country Club has quickly become a can't-miss event for fans, partners and local companies in the greater Jacksonville area. Tickets for the Oct. 2-8 event are now on sale as the tournament team continues to create on-site experiences for a diverse audience while providing a growing and meaningful impact to local charities.

The Constellation FURYK & FRIENDS presented by Circle K will again feature top PGA TOUR Champions golfers and a variety of fan experiences, including music, food, hospitality, social interactions, celebrity appearances and more.

Fans can buy tickets at constellation-furykandfriends.com/tickets with general admission, military, Club 58 and other hospitality options available.

"We have been blown away by the

support of our partners, fans and the local community in the first two years of the Constellation FURYK & Friends presented by Circle K," said tournament co-host Jim Furyk. "We are working to make the atmosphere of the 2023 event even bigger and better for golf fans, families, military members, fans interested in a fun, social experience and more. There will be something for everyone at this year's event, and we are excited to set new attendance records and see the fairways packed at Timuquana Country Club."

Here is what fans can expect to experience at the Constellation FURYK & FRIENDS presented by Circle K in 2023:

- Tournament tickets: All tickets will be digital via Ticketmaster for 2023. General admission tickets start at \$25 and provide access to tournament grounds, Circle K ParTee Porch, Publix Tailgate Village, the Kids Zone and more. Youth age 17 and under are admitted free to the tournament with a ticketed adult. Tickets will be scanned from a mobile device.
- Club 58: Named after Furyk's record-breaking single-round 58 on the PGA TOUR, Club 58 is both a golf lover's and a more casual social fan's paradise in the tournament's premier shared hospitality venue with views of 10 green, 11 tee, 12 green, 13 tee, 17 green and 18 tee. The venue includes an open-air pavilion with shaded seating, tiered stadium seating overlooking 18 tee and an exclusive player walkthrough from 17 green to 18 tee. There will be all-inclusive food and beverage offerings with a full bar, and HD TVs to keep up

with the tournament and your favorite football teams is another benefit. Four packs, six packs, eight packs, 10 packs and private, reserved table options are also available at Club 58.

- Cabanas on Seventeen: Enjoy your own private party in a cabana located directly adjacent to the 17th hole with all-inclusive, premier food and beverages and views of one of Timuquana's signature par 3 holes. Each private suite accommodates 20 people per day (Friday-Sunday) and includes mounted HD TVs, access to premium restrooms and high-end furnishings by PRI Productions, including a bar rail facing the hole and soft seating inside.
- VyStar Patriots Outpost: Military tickets for official tournament rounds are being provided by VyStar Credit Union free of charge for active duty, military reserve, National Guard, military retirees, veterans and dependents with a valid ID. The VyStar Patriots Outpost will once again provide complimentary access for military, veterans and their families with views of the 7th, 11th and 12th holes along with complimentary food and beverages. To secure complimentary tickets to the VyStar Patriots Outpost, go to vettix.org.
- Public seating: A number of public seating venues will be available for all spectators, including seats behind the practice facility, next to Circle K Partee Porch (behind the 7th green), the Miller Electric Grandstand along the 18th green and the Ash Properties Patio (behind the 2nd green). Additionally, the FIS First Tee viewing platform is returning in 2023 and will once again feature great views of first tee and 9th green.

• Transportation and parking: The Circle K Water Taxi will be open for free general spectator transportation to and from the tournament from Friday through Sunday. The Circle K Water Taxi will run to and from the dock by the Winston Family YMCA every 30 minutes, with the last taxi leaving the Bold City Gate 30 minutes after play ends. A dedicated rideshare drop-off point is available just west of Timuquana Country Club clubhouse. For those driving to the tournament, complimentary parking will be available in Lot O at the Orange Park Mall.

Sparked by a \$500,000 direct donation from Constellation, the tournament title sponsor, the 2022 Constellation FURYK & FRIENDS presented by Circle K generated more than \$1.34 million for North Florida charities. Ticket sales play a large role in supporting the tournament's ability to generate this impact for local community charities.

Constellation's funding supports several deserving North Florida charities including the MaliVai Washington Youth Foundation, First Tee – North Florida, Blessings in a Backpack, St. Johns Riverkeeper and Beaches Habitat for Humanity. The tournament also benefits a number of other local organizations during the year including Wolfson Children's Hospital, Operation Shower, Jacksonville Humane Society, Hope for the Holidays, City Year, K9s for Warriors, Guardian ad Litem Foundation, Guardian Catholic School and many more.

For more information about Constellation FURYK & FRIENDS presented by Circle K charitable efforts, go to constellationfurykandfriends.com/projects.



the world - Extinction, The Facts Film



Hundreds attend Healthy Kids Day



Hundreds of local kids and their families participated in the First Coast YMCA's annual Healthy Kids Day event April 29.

There were a number of free activities open to the community, including zumba, yoga, tae kwon do, family pickleball and cooking classes.

For more than 30 years, YMCAs and their communities have hosted free community events aimed to inspire kids and families to keep their minds and bodies active throughout the summer months and beyond.

This year's events were held at eight YMCA locations throughout Duval, Nassau and St. Johns counties.

Contributed photos











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PVHS students win awards at state Chinese Competition

Ponte Vedra High School students had the opportunity to experience and compete in the annual Florida State Chinese Competition held in Miami, March 31-April 1. Schools and students from across the state competed in individual listening, reading and speaking competitions, as well as the cultural jeopardy game and creative project competition as teams representing each school.

The students were able to take part in this program due to support from the administration and the Chinese teacher Ms. Li.

The students trained and worked hard with the guidance and aid of Ms. Li in preparation for this competition. The Ponte Vedra High School team won first place in the cultural jeopardy game and the creative project competition.

Despite the victorious and dominating energy, the PVHS students reportedly showed humility and good sportsmanship bonding with students from the other schools.

In addition to the awards, the students gained intellec-

tual, social and leadership skills from this competition.

The bond and camaraderie the students have with one another and their teacher was apparent throughout the competition. Their energy in the competition exuded passion and devotion to the Chinese language and culture, according to a media release about the competition.

Ms. Li and the Chinese program create a serious learning environment as well as a fun and comfortable one that encourages learning and more awareness of Chinese culture. The Chinese language program at Ponte Vedra High School supplies many opportunities with the Chinese State Competition being one of them.

Participating in the state competition helps the students learn about the culture, improve their language abilities, create long-lasting bonds and grow as a person. Though the mornings were early and the events continuous, the students' and teachers' contribution to the PVHS team was evident in their success and optimistic atmosphere.



Contributed photos

Ponte Vedra High School students recently won awards at the Florida State Chinese Competition in Miami.

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Ponte Vedra Recorder · May 4, 2023 MOTHER'S DAY GIFT GUIDE 15

Pinspiration inspires creativity with Mother's Day workshops

By Anthony Richards

With Mother's Day coming up it can be difficult at times to find a creative way for kids to express their love for their moms, but Pinspiration in Ponte Vedra Beach has done just that.

The local business is hosting a pair of Kids' Mother's Day Makery gift workshops May 7 and May 12, just in time for the holiday.

The events will be held at Pinspiration's studio located at 880 A1A N., Suite 7 in Ponte Vedra Beach and will allow children to use their imagination and creativity to make several DIY items that can be given as gifts on Mother's Day.

The DIY possibilities for the work-

shop are a secret, in hopes that the children will be surprised and truly let their creative expression fly in the spur of the moment after seeing it for the first time.

Five secret craft stations will be set up at the studio for the children to visit during the creation process of their gifts.

Once made, all the gifts will be wrapped and ready to give to their chosen loved ones once they walk out the door

The workshop on May 7 will be from 4-6 p.m. and the May 12 outing will be an hour later from 5-7 p.m.

Spots for the workshop are limited and registration is required to take part.

Reservations can be made by going to pinspiration.com and finding the Jack-

sonville location.

The children are also required to be old enough to go to school, which means kindergarten age. Following directions and using scissors safely are also necessary to take part. The cost of an event is \$38.

At Pinspiration a person's project can come from a dozen craft options that include a wide range, such as art, décor, gifts and accessories.

Holding events at the space is nothing new for Pinspiration's studio, which invites both young and old to embrace their creative side and can hold private parties in their party room or create a new experience in the Jackson Pollockinspired splatter room.

Unique Mother's Day event planned

Char Above The Bar will hold a one-of-a-kind Mother's Day themed charcuterie and floral arrangement workshop from 6:30 to 8:30 p.m. Wednesday, May 17, at Palm Valley Barn, 531 Wilderness Trail, Ponte Vedra.

Grab some of your best girlfriends, daughters and all your favorite moms and be a part of this workshop, which makes a great gift for Mother's Day.

This charcuterie class will include light hors d'oeuvres and a champagne welcome upon arrival, wine and/or beer and a takehome charcuterie tray.

With help from Char Above The Bar owner Allison Blaue, participants will be able to create a beautiful spread for their next gathering.

Participants must be at least 21 years old.

Register at eventbrite.com/e/mothers-day-charcuterie-workshop-tickets-627418905837.

To learn more about Char Above The Bar, go to charabovethebar.com.







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DONNA Foundation to 'Celebrate Every Mom' with Mother's Day 5K



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Photos provided by The DONNA Foundation

The DONNA Foundation will host its annual Black Knight DONNA Mother's Day 5K race this spring in Jacksonville's Riverside neighborhood. The event will be held on Saturday, May 13, starting and finishing at the Black Knight Riverside campus.

Funds raised through the 5K and the Celebrate Every Mom Fundraising Campaign will support The DONNA Foundation's mission to provide economic assistance and emotional support to individuals living with breast cancer and fund groundbreaking breast cancer research.

Approximately one in three patients served by The DONNA Foundation are mothers with children at home. By hosting this event on the Saturday of Mother's Day weekend, foundation leaders hope to inspire moms everywhere to take steps toward understanding, improving and protecting their breast health.

"As a mom, the annual DONNA Mother's Day race holds a special place in my heart," said Amanda Napolitano, executive director of The DONNA Foundation. "Moms who are undergoing breast cancer treatment while raising their families need our support, and we love honoring and celebrating them at this event every year. We look forward to welcoming every mom in Jacksonville and beyond to Riverside this Mother's Day weekend to run, walk, fundraise and cheer on these fierce women and their families."

The Mother's Day race will begin at 8 a.m. Along the way, participants will experience the beauty of Riverside's historic architecture and gardens at the height of the spring blooming season, and the iconic St. Johns River via the Jacksonville River Walk.

"Unfortunately, breast cancer is something that has touched many Black Knight family members," said Cheryl Kelly, The DONNA Foundation board member and senior director of human resources at Black Knight. "Our company is proud to have sponsored The DONNA Mother's Day 5K these past several years and is equally proud of the impact The DONNA Foundation has on our community."

During the 30 days leading up to Mother's Day (May 14), The DONNA Foundation is celebrating moms locally and across the nation through its Celebrate Every Mom campaign. Supporters can join in this effort by:

- Registering to run or walk in the Black Knight DONNA Mother's Day 5K. Runners can choose to run in person or virtually their way, with time submissions open through May 14. Register at runsignup.com/donnamd5k.
- Supporting the "Celebrate Every Mom" gift challenge by making a donation in support of the critical programs of The DONNA Foundation, starting a fundraiser or joining an existing fundraising team. Organizations can go the extra mile by hosting a fundraiser in partnership with their places of business. Give or raise funds at runsignup. com/Race/Donate/FL/Jacksonville/DONNAMD5K.
- Partnering with The DONNA Foundation to become a sponsor of the 2023 Black Knight DONNA Mother's Day 5K event. Sponsor and vendor opportunities designed to maximize brand exposure locally, regionally and nationwide to a unique and desirable demographic are available. Companies can also sponsor race registrations for employees.

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Photo provided by The DONNA Foundation

DONNA

Continued from 16

Learn more at runsignup.com/Race/DONNAMD5K/Page/sponsor.

- Honoring your favorite mom while also celebrating breast cancer survivorship. Share your stories using the hashtag #CelebrateEveryMom and follow The DONNA Foundation on social media for stories celebrating moms over the coming weeks.
- Making an appointment for your mammogram on the Buddy Bus at the 5K, sponsored by Baptist MD Anderson Cancer Center. Studies show early detection of breast cancer is key, noting

that cancer caught in early stages has a 93% survival rate. To register for a mammogram at the 5K or another Buddy Bus event, go to baptistjax.com/buddy.

The Black Knight DONNA Mother's Day 5K is the second event of The DONNA Foundation's 2023 Fearless Series, with the final event of the year, the DONNA 5K at TPC Sawgrass taking place on October 7. Registration is open at runsignup.com/Race/Info/FL/Jacksonville/DONNAMD5K.

Full details for The DONNA Foundation's 2024 Series, including the 17th Annual DONNA Marathon Weekend (February 2-4, 2024), will be announced later this year.

A Classic Theatre to present 'Mothers and Sons'

A Classic Theatre (ACT) will wrap up its record-breaking 15th season at the historic Waterworks building with "Mothers and Sons" by Tony Awardwinning playwright Terrence McNally. For McNally, the most important function of theater was to create community and bridge rifts opened between people by differences in religion, race, gender and particularly sexual orientation.

This Tony nominee for Best Play is a gentle and moving, wryly witty drama about change, reconciliation and what it means to be a family. Cal and his husband Will have built a happy life together with their 7-year-old son. When the mother of Andre, Cal's former partner, makes a surprise visit 20 years after her son's untimely death, the past casts a shadow on their idyllic life. As generations collide, she begins to envision the life her son might have led and faces

some complicated truths.

Directed by veteran New York actor and director Grace Reed, the cast of local actors includes Nancy Grote, formerly a professional Broadway actress. Grote is familiar to St. Augustine audiences from her portrayal of writer Marjorie Kinnan Rawlings in several ACT productions.

Stephen Mitchell, a graduate of Flagler Theatre Department, is also an ACT alum, having starred in "Murderers," "Shorts and Giggles" and "Motherhood Out Loud."

Trevor Gluckman and Oliver Williamson make their ACT debuts with this show.

Performances at the Waterworks building, 184 San Marco Ave, are 7:30 p.m. May 5, 6, 12 and 13. Matinee performances are at 2 p.m. May 7 and 14. For tickets, go to aclassictheatre.org.





18 NURSES APPRECIATION WEEK

Ponte Vedra Recorder · May 4, 2023

How communities can honor local nurses

The stress associated with the nursing profession has been well documented. A 2022 study published in the journal BMC Nursing found that job stress not only has an adverse effect on nurses' health, but also may reduce performance and quality of care, potentially affecting the outcome of patients.

There's no denying nurses have a lot of weight on their shoulders. That reality underscores the importance of letting nurses know how much they're appreciated. Community leaders can consider these ideas as they look for ways to honor local nurses.

- Recognize nurses at public events. Parades, high school sporting events, holiday tree lighting ceremonies, and other community-centric events draw large crowds. That makes these events the perfect time to honor local nurses and emphasize all the work they do to help their neighbors. Ask a local nurse or two to serve as grand marshal(s) in a holiday parade and/or let local nurses flip the switch at a tree lighting ceremony. Community dignitaries like a mayor or local police chief can explain who the honoree is once the crowd gathers.
- Support a nursing charity. A community-wide campaign to support a charity that benefits nurses or causes



important to nurses can be a great way to thank them for all they do. Various domestic and international organizations are linked to the nursing profession. Prior to introducing a campaign, community leaders can speak with local nurses to see if there is any specific charity or cause important to them. Some charities may provide job training in communities where nursing shortages have made it hard for locals to access quality health care, while others may finance health care operations, including staffing of nurses, in underprivileged countries.

- Publicize and support efforts to improve on-the-job safety for nurses. The American Nurses Association noted that nurses were forced to reuse masks or purchase their own safety equipment during the peak of the COVID-19 pandemic. Communities that want to express their appreciation for nurses can support efforts to ensure working conditions are safe for nurses and that nurses don't need to reach into their own pockets in an effort to avoid illness.
- Embrace public health efforts. One of the most effective ways to honor local nurses is to take a little off their professional plate. Community leaders can urge residents to get their annual flu shots and update other vaccinations in an effort to keep hospital admissions low, which in turn makes nurses' jobs easier.

Nurses are worthy of praise. Communities can do much to show these invaluable health care professionals how much their efforts and sacrifices are appreciated.



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Find your nearest Ascension ER at ascension.org/StJohnsFL

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NURSES APPRECIATION WEEK 19

River Garden Hebrew Home once again receives Gold Seal Award

River Garden has once again been awarded the Governor's Gold Seal Award for Excellence in Long-Term Care, a clear indicator that the agency remains on-track as a premier care facility for seniors in Northeast Florida.

The award was presented by Kimberly R. Smoak, deputy secretary of health quality assurance at the Agency for Health Care Administration, to Dr. Lawrence Goldberg, River Garden Hebrew Home board president, during the River Garden Senior Services annual meeting March 26.

River Garden Hebrew Home has achieved this esteemed status since the award was created 21 years ago.

The Gold Seal Award for Excellence in Long-Term Care was created in 2002 by the Florida State Legislature to recognize Florida's premier quality nursing homes that have exceptionally high standards and display excellence in the quality of care delivered to their residents. Prior to receiving the award, a nursing facility must undergo a rigorous examination to ensure strict regulatory compliance and the provision of enhanced programming and services. In addition, a site visit is



Contributed photo

The Governor's Gold Seal Award for Excellence in Long-Term Care was presented by Kimberly R. Smoak, deputy secretary of health quality assurance at the Agency for Health Care Administration, to Dr. Lawrence Goldberg, River Garden Hebrew Home board president.

made to the facility by representatives of the Governor's Panel on Excellence in Long-Term Care.

In order to receive the Governor's Gold

Seal Award, River Garden had to demonstrate:

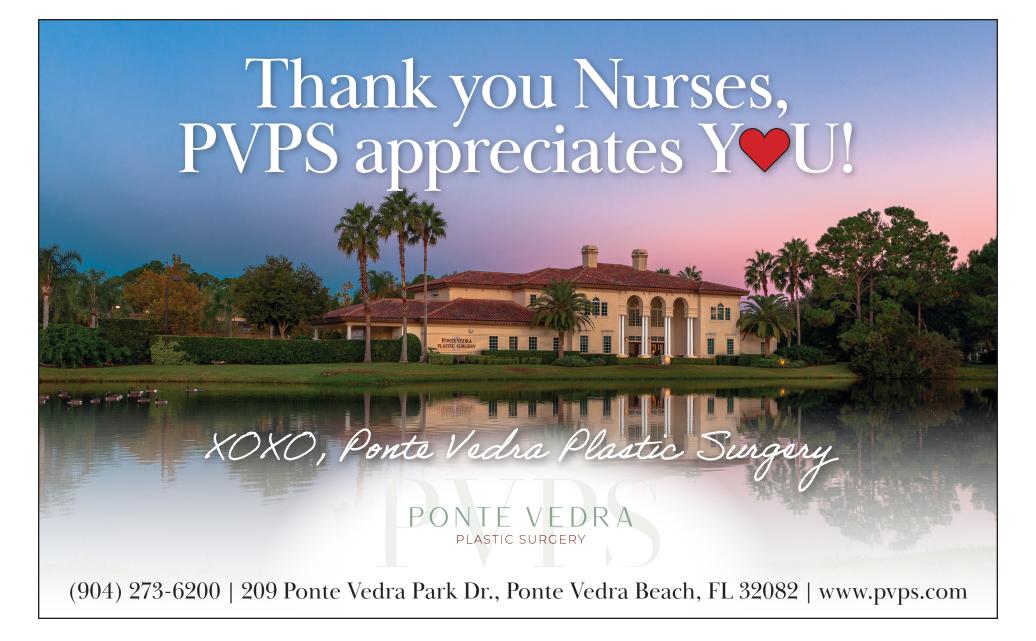
• High-quality care ranking among all nursing homes in the region

- Financial soundness and stability
- Excellent record with the state Long-Term Care Ombudsman Program
 - Evidence of community involvement
 - A stable workforce
 - "Best practices" in elder care

River Garden acknowledges that this award would not be possible were it not for the outstanding efforts and successes of every member of the River Garden team, from Environmental Services, Dining Services and Plant Operations to the nurses, therapists, volunteers and everyone involved in the day-to-day, 24/7/365 operation that is River Garden.

"River Garden has long-been a recipient of awards for excellence, and we appreciate every acknowledgement," said Mauri Mizrahi, chief executive officer. "Our staff dedicates themselves every day to being the best and they deserve a round of applause for this success."

Currently, there are more than 700 nursing homes in the state of Florida and only 10 are recognized with the Governor's Gold Seal Award for Excellence in Long-Term Care. River Garden and one other facility have maintained the recognition since its inception in 2002.



20 NURSES APPRECIATION WEEK



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Three Baptist Health leaders recognized as 'executives to know'

Baptist Health of Northeast Florida has three top executives to know based on Becker's Hospital Review's most recent national rankings:

- Timothy Groover, MD, MBA, CPE, FACHE, senior vice president and system chief medical officer of Baptist Health was selected as one of 110 system chief medical officers to know.
- Melanie Husk, senior vice president and chief consumer officer of Baptist Health was selected as one of 53 chief experience officers to know.
- Aaron Miri, MBA, FCHIME, CHCIO, senior vice president and chief digital and information officer of Baptist Health was selected as one of 35 health system chief digital officers to know.

The individuals are selected based on nominations and editorial team research at Becker's, a national print and digital media platform and trusted source for health care decision-makers.

Dr. Groover joined Baptist Health as an anesthesiologist more than 25 years ago and has held numerous leadership positions. Today, in the senior-most physician role in the health system, he oversees the full scope of physician practices across the health system, using data-driven best practices to enhance clinical, operational and service excellence.

Groover is a Certified Physician Executive, a diplomate of the American Board of Anesthesiology, a fellow of the American College of Healthcare Executives and a member of the Physician Executives Forum. In addition, he currently serves on the board of directors for the Duval County Medical Society, The KIPP School, Coastal Community Health and the Greater Refuge Temple.

Husk was named the health system's inaugural chief consumer officer in January 2020, where she leads efforts to bring

a more consumer-oriented focus to the delivery of care and services across the continuum.

She has been instrumental in enhancing care through digital transformation, part of a strategic innovation program to improve patient experience. Husk oversees marketing, planning, advertising, public relations, brand management and other corporate communications functions. She also oversees the Social Responsibility team, a critical function in the area's only locally governed, not-for-profit health system. She is currently a member of the American Marketing Association's Healthcare Executives Group and serves on the board of Bright Holidays.

Miri joined Baptist Health in September 2021 and is responsible for creating the future of Baptist Health from an information technology perspective, with an emphasis on digital strategy, innovation, cybersecurity and technology integration across the system. His goal is to humanize technology to enable rapid and secure clinical care delivery focused on outstanding patient care outcomes, solve problems in new ways and help accomplish transformational strategic goals.

In the first year of his tenure at Baptist Health, he was heavily involved in the successful transition to a new electronic medical record. He currently serves as co-chair of the federal Health IT Policy Committee and an adviser to the National Academy of Medicine.

"Dr. Groover, Melanie and Aaron are deserving of special recognition, and I'm honored to say 'congratulations' to each of them," said Michael A. Mayo, president and CEO of Baptist Health. "We are fortunate to have such outstanding, dynamic leaders on our executive team who give tirelessly of their expertise to Baptist Health and the communities we serve."

Tips to choose the right nursing specialty

Opportunities abound within the nursing profession. Nursing is essentially an umbrella term for a career path includes an array of specialties, and aspiring nurses may need a little help choosing the right path within the field.

• Consider your potential schedule. If routine is something you aspire to in order to create work-life balance, then certain specialties within nursing may be more appealing than others. For example, school nurses and nurses who work in doctor's offices generally work 9-to-5 shifts, which can afford such professionals the same work-life balance as other professions. If you thrive on a fast-paced environment where routine is less impor-

tant, then a career as an emergency room nurse might merit consideration.

• Identify why you want to be a nurse. Opportunity for career growth and earning potential are good reasons to pursue any career, but those are not the factors that compel many people to initially consider a career in nursing. Many nurses were first inspired by a personal experience, such as helping an elderly relative. Others may have been inspired by a love of children and a desire to help kids recover from illnesses. When faced with the decision of which path to specialize in, aspiring nurses can benefit

Wolfson names Egan to board of directors

Wolfson Children's Hospital has named community pediatrician Anne Egan MD to its board of directors. She began her three-year term in April.

Egan, a board-certified pediatrician who has been with The Carithers Pediatric Group since October 2003, has served children and families for more than 28 years throughout her career.

She received her undergraduate degree from The University of North Carolina at Chapel Hill, where she was a Morehead Scholar. She received her medical degree from the Yale School of Medicine in New Haven, Connecticut, and completed her internship and residency in pediatrics at the UPMC Children's Hospital of Pittsburgh in Pennsylvania.

An Ortega resident, Egan currently serves on the boards of the University of North Florida and the Cummer Museum of Art and Gardens. She has also served on the boards of the Jacksonville Chil-

dren's Commission Inc., Jacksonville Community Council Inc., PACE Center for Girls Inc. and St. Mark's Episcopal Day School.

Before moving to Jacksonville, Egan practiced for eight years with Allegheny Pediatrics in Pittsburgh and served as an associate clinical professor of pediatrics for the University of Pittsburgh Medical Center

"As a pediatrician in the greater Jacksonville area for 20 years, Dr. Egan has faithfully cared for local children and families and advocated for their physical and mental health well-being as a health care provider and volunteer," said Allegra Jaros, president of Wolfson Children's Hospital. "As a physician leader and a mother of four, she is uniquely qualified to serve in this governance role at Wolfson Children's Hospital as we plan for the future of pediatric health care in our region."



Telescope Health, an innovative health care solutions company dedicated to addressing critical gaps in care, has named Ashley Mamas as its new director of administration and revenue. Mamas will oversee all business operations and administrative aspects of the telemedicine practice. She has more than 20 years of health care business leadership experience in developing, implementing and leading effective processes of all aspects of the revenue cycle environment.

"Telescope Health is thrilled to welcome Ashley and excited to utilize her talents in optimization," said Dr. Matthew Thompson, CEO of Telescope Health. "We are exploring many new areas of

business and her expertise is vital in ensuring operational efficiency."

Previously, Mamas served as a director of revenue optimization for Flagler Health where she improved the revenue cycles of multiple physician practices, ambulatory imaging facilities and ambulatory surgery centers.

"I'm delighted to join a team that consistently focuses on innovative ways to advance telemedicine," said Ashley. "Telescope Health's culture and engagement in a variety of business lines make this new role an exciting opportunity."

For more information on how Telescope Health is reducing barriers to care, go to telescopehealth.com.

Specialty

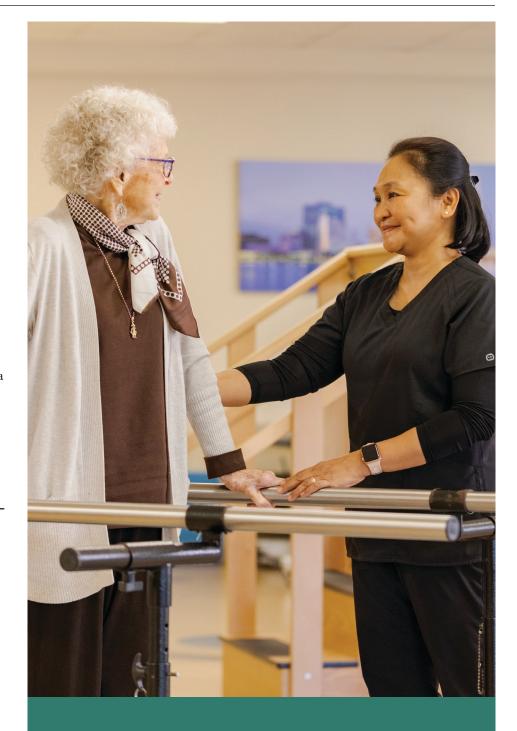
from identifying what compelled them to pursue nursing in the first place and then look for an opportunity that aligns with that inspiration.

• Determine the educational requirements. Education requirements vary widely within the field of nursing. Some specialties require a two-year associate's degree while others may require considerably more formal education. For example, the American Association of Nurse Practitioners indicates a nurse practitioner must complete a master's

or doctoral degree program and have advanced clinical training beyond their initial professional registered nurse preparation.

• Recognize you can pivot. Aspiring nurses also should recognize they can pivot to a new speciality if they have a hard time identifying a career path when they begin their formal schooling. In fact, many nurses find that on-the-job experience is the best way to identify which specialties appeal to them and which don't

Nursing is a vast field loaded with opportunities. Aspiring nurses can consider a host of factors as they try to identify which career path to take.





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For MORE business news, go to facebook.com/ ThePVRecorder THURSDAY, MAY 4, 2023

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Tasty milkshakes attract customers to Cousteau's Waffle & Milkshake Bar.

Cousteau's opens new location in St. Augustine Beach

Local St. Augustinians know who has their back when a sweet craving strikes: Stephen DiMare. He creates treats that bring you back to your childhood, but with a sophisticated and unique flavor

DiMare showcases ice pops at his flagship Hyppo Gourmet Ice Pops, artisan ice creams at Mayday Ice Cream and indulgent waffles and milkshakes at Cousteau's Waffle & Milkshake Bar. With the original Cousteau's located on Hypolita Street in downtown St. Augustine, a new space on St. Augustine Beach is a welcome addition to the DiMare family. It's also got some fun additions in store, like a full Mayday case, extensive coffee program and some savory waffle combos

like prosciutto, fig preserves and brie.

"I was born and raised here, so I know the landscape of St. Augustine," said DiMare. "Our downtown location was a great spot to start Cousteau's, but it's just such a natural fit for the beach. The concept was inspired by one of my favorite cult classic films, 'The Life Aquatic with Steve Zissou.' The beach, the ocean, our waffles — it's just perfect. And with this new spot, folks enjoying the beach don't need to cross the bridge to grab a Jaguar

The Jaguar Shark, like all of Cousteau's offerings, is named after a character from the film. It's a Liege waffle, topped with real maple syrup, bourbon whipped cream, candied pecans and candied bacon.

Cousteau's waffles are made from house-prepared dough filled with Belgian pearl sugar and topped with a wide variety of toppings. They are paired with an equally fun menu of hand-spun milk-

A hallmark of Cousteau's menu is the fresh and local offerings. For example, the marshmallow fluff on the s'mores-themed Hennessey waffle is made in-house as is the blueberry compote on the Plimpton waffle and the toasted coconut on the Life

"Our focus has always been providing fun and unique flavors that are anchored by quality, homemade ingredients," said DiMare. "We love showcasing the local bounty and the culinary skill of our staff.

Our new beach spot will offer the same great menu plus a few new offerings that will quickly become fan favorites with the same homegrown ethos as our downtown location."

Cousteau's Waffle & Milkshake Bar will host a grand opening from 8 a.m. to 10 p.m. Thursday, May 11, with halfprice Milkshake Happy Hour, vending machine giveaways, Captain's Toast in the evening, and limited-edition merch for anyone who wears a red beanie.

The new store is located at 3920 A1A South, Suite 1, St. Augustine Beach. It will be open from 8 a.m. to 10 p.m. Sunday through Thursday and 8 a.m. to 11 p.m. Friday and Saturday.

Learn more at waffleshakes.com.

Benchmarks of Success

A look at major career developments in the area



Tony Street

Jax Beach Golf Course hires new head golf

Tony Street of Canton, Ohio, has been hired as the new head golf professional at Jacksonville Beach

Golf Course. Street has been a head golf professional in public, private and resort industries.

Street has more than 17 years of experience as a PGA head professional in the

He and his wife, Kim, have two sons. Before coming to Jax Beach Golf Course, Street was the GM/head golf professional at The Sanctuary Golf Club in North Canton, Ohio.



John Rutherford

Named NAI Global Top Producer

NAI Global, a global commercial real estate brokerage firm, announced that John Rutherford, senior vice president

of multifamily investment sales at NAI Hallmark, was recognized in its annual awards program as a top 10 producer for the organization globally.

The award honors individuals who are handling the highest volume of business within NAI. The awards and celebrations were presented at the NAI Global Convention that took place Feb. 6-9 in Las Vegas.

During his tenure in the industry, Rutherford has successfully brokered more than \$1 billion in investment sales

BENCHMARKS continues on Page 24

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BUSINESS WEEKLY 23

Will the Secure Act 2.0 affect your retirement planning?

You may want to review your retirement planning strategies because of key provisions in the Secure Act 2.0, which was signed into law in December 2022.

Currently effective

You may want to consider potential opportunities to adjust your retirement savings and distribution plans and charitable giving strategies.

1. Should you wait an extra year to take distributions from your retirement accounts?

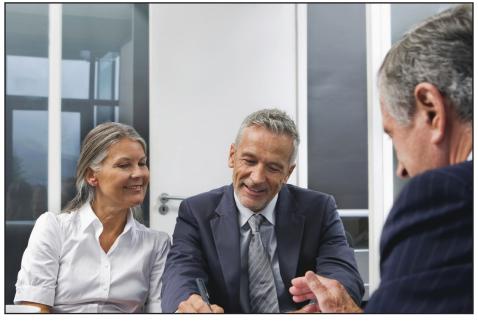
The required minimum distribution (RMD) age has increased to age 73 for individuals who turn age 72 in 2023. This means they do not have an RMD due in 2023. Individuals who turned age 72 in 2022 or earlier must continue taking their RMDs as scheduled.

2. Does making qualified charitable distributions (QCDs) make sense?

QCDs are available to those age 70½ or older and have a Traditional IRA and/ or Traditional Inherited IRA. Beginning in 2023, you may distribute a one-time \$50,000 QCD paid directly from your IRA to certain split-interest entities that qualify under the new rule. The \$50,000 is part of the \$100,000 QCD annual limit. The rules governing what split-interest entities are allowed to receive the one-time \$50,000 amount are complex, so consult a planning or philanthropic specialist who can provide more information.

3. Should you direct employer matching contributions to your before-tax qualified retirement plan (QRP) account or designated Roth account?

Your employer may now offer you the option of receiving vested matching contributions in a QRP designated Roth account instead of a QRP before-tax sal-



ary deferral account. Contributions to a designated Roth account are made with after-tax dollars and qualified distributions are tax-free.

[Distributions are qualified when a designated Roth account has been funded for more than five years and the employee is age 59½, or disabled, or taken by their beneficiaries after the employee's death.]

Starting January 1, 2024

1. Should you delay taking distributions from a designated Roth account?

Currently, if you have a Roth IRA, you are not required to take RMDs while you're alive, but you do have to take them from a designated Roth account. Starting in 2024, you will no longer have to take RMDs from either type of Roth account.

2. Would a 529 plan designated beneficiary get a head start on saving

for retirement by transferring their unused balance to a Roth IRA?

Beginning in 2024, a 529 designated beneficiary may make a rollover contribution from their 529 to their Roth IRA if certain conditions are met. Distributions are subject to annual Roth contribution limits, the 529 beneficiary must have equivalent earned compensation, and the aggregate distributions are limited to a \$35,000 lifetime amount.

To qualify, the 529 account must have been in existence for at least 15 years and the amount rolled over to the Roth IRA may not exceed the aggregate amount contributed (plus earnings) before the five-year period ending on the transfer date

3. Will you get credit for your student loan payments?

If you are paying off qualified student loans, your employer will have the option to match your loan payments with contributions to a retirement account, offering you an additional incentive to save for retirement. For this purpose, matching contributions can be made into a 401(k), 403(b), governmental 457(b) or SIMPLE IRA plan.

4. Should you take advantage of employer-sponsored emergency savings accounts linked to individual account plans?

Your company will have the option to automatically sign you up for an emergency savings account for up to 3% of your salary or up to \$2,500, indexed for inflation, to your retirement plan if you earn less than a certain amount of money. These contributions would be made on an after-tax basis with the potential for an employee match. If your company participates, you will be allowed at least one withdrawal per month and the first four withdrawals in a year cannot be subject to any plan fees.

Starting January 1, 2025

Should you take advantage of higher retirement catch-up contributions?

Currently, if you're age 50 or older and want to increase your tax-advantaged retirement savings, you can make an additional \$7,500 contribution annually to your QRP and \$3,500 to a SIMPLE IRA.

Beginning in 2025, if you're aged 60-63, you will be able to increase that amount to the greater of \$10,000, indexed for inflation, (\$5,000, indexed for inflation, for a SIMPLE IRA) or 150% of your catch-up contributions for the year.

The increased catch-up amounts will be adjusted for inflation beginning in 2025. If your wages exceed \$145,000, indexed for inflation, in the preceding calendar

RETIREMENT continues on **Page 24**



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Benchmarks

Continued from 22

and financing transactions through a strong investor network of large private and institutional clients. Rutherford's extensive commercial real estate experience includes operations, analytics and asset management in varying niche sectors of multifamily investment. This wide-ranging experience has afforded him the opportunity to collaborate with top industry minds to push innovation in the commercial real estate industry.



Tracy Barth

Tracy Barth joins real estate company

Berkshire Hathaway HomeServices Florida Network Realty has added Tracy Barth to the Ponte Vedra/Nocatee office.

Barth came from another local brokerage with 21 years of experience. Her area of expertise is in negotiation,

residential sales and foreclosures.

For more information, Barth can be reached at 904-813-5588, Tracy.Barth@ FloridaNetworkRealty.com and TBarth. FloridaNetworkRealty.com.

The Ponte Vedra/Nocatee office, located at 333 Village Main St., Suite 670, Ponte Vedra Beach, is managed by Holly Hayes, who can be reached at 904-802-0432, Holly.Hayes@FloridaNetworkRealty.com and floridanetworkrealtycareers.com.

NAI Hallmark welcomes Eugene Stiltner as vice president

NAI Hallmark, a commercial real estate brokerage and property management firm in Jacksonville, has announced the appointment of Eugene Stiltner as vice president specializing in land leasing and sales, along with tenant representation.

Stiltner is a highly skilled commercial real estate land specialist with extensive experience in marketing and retail. He has established a reputation as a trusted adviser and strategic partner to clients

This article was written by/for Wells Fargo Advisors and

provided courtesy of Ponte Vedra Wealth Management

across Northeast Florida.

Throughout his career, Stiltner has focused on developing deep expertise in marketing and retail, areas in which he has a proven record of accomplishment of success. Having worked on a wide range of projects, from large-scale multifamily developments to individual retail spaces, he has helped clients to achieve their goals through innovative marketing strategies and customized solutions.

Prior to joining NAI Hallmark, he was associate director at Prime Realty in Jacksonville, with a focus in restaurants, retail and land.

post

Dottor named to VA

The Department of

Veterans Affairs has

pointment of Wende

announced the ap-

Dottor as the new

executive director



of the North Florida/South Georgia Veterans Health System. Dottor will oversee delivery of health care to more than 138,000 Veterans and an operating budget of more than \$1.8 billion at the nation's largest VA health care system. More than 5,800 employees provide services at 26 locations serving a 50-county region in northern Florida and southern Georgia.

Dottor was designated interim executive health system director of the North Florida/South Georgia Veterans Health System effective Oct. 12, 2022. She served as the deputy executive director at from 2016 to 2022. Prior to her appointment as deputy executive director, she served as chief of performance improvement service, chief financial officer (CFO) and revenue coordinator.

Dottor earned a Bachelor of Arts with a major in economics from The Catholic University of America in Washington, D.C., and a Masters in Health Administration from Tulane University School of Public Health and Tropical Medicine in New Orleans, Louisiana.

- Compiled by Shaun Ryan

Retirement

year, you will be required to make your catch-up contributions to a designated Roth account.

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In the Arts

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Jersey Boys: The Story of Frankie Valli & The Four Seasons began playing at Alhambra Theatre & Dining in Jacksonville on April 27 and will run through June 4.



Photos courtesy of Alhambra Theatre & Dining

There were many actors making their Alhambra debuts for the show

Jersey Boys provides perfect combo of music, storytelling

By Anthony Richards

"Jersey Boys: The Story of Frankie Valli & The Four Seasons" began playing at Alhambra Theatre & Dining in Jacksonville on April 27 and it started off with a bang with a performance that hit all the notes.

The show will continue at the theatre through June 4 and it is a must see for those who are fans of the group or for those who just want to hear some impressive musical arrangements while enjoying some good food.

Nick Anastasia played the leading role of Frankie in the production and was able to make the performance come to life.

His singing hit the right spots and did an excellent job of resembling that of Frankie Valli and captivated the audience just as the original singer would have himself.

However, it should not be a surprise as Anastasia has several professional credits to his name, including "Jersey Boys," where he was a BroadwayWorld Award nominee in the role of Joey Pesci/Frankie No. 2

Several of the leading roles were making their Alhambra debuts and they did not disappoint.

Other Alhambra first timers included Evan Ross Brody as Nick Massi, Christian Melhuish as Bob Gaudio and Matt Michael as Tommy Devito. Massi, Melhuish and Devito were the others who made up the original Four Seasons.

The focus of the play is on the story behind the creation of the Four Seasons and

the tales of the people in the iconic group.

The sound and songs of the group are legendary, but the story behind the music and the path taken to get those lyrics to be heard to the public is something that could surprise a lot of people.

The lyrics are so memorable now, but there was a time when they questioned and thought to be not good enough for the airwayes.

It is a flowing storyline that gave great

depth to the performance and provided balance between the next musical portion. The combination of music and storytelling was a good mix.

Hit song after hit song was played throughout the piece and by the final song, some people were standing up and could be seen dancing next to their tables along with the performance, which demonstrates the show's successful ability to captivate its audience until the very end. Food selections served as part of the pre-show meal required three choices to be made, which included a three-course meal of salad or Italian wedding soup, chicken parmesan, eggplant parmesan, Italian meatloaf or Cod Casino and a dessert option of blueberry pie or a cannoli.

Chocolate amaretto cake has replaced the cannoli option and baked ziti primavera has replaced the eggplant parmesan according to the theatre's website.



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26 IN THE ARTS

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Florida Theatre Ball – Big Easy Style set for May 20



On May 20, the historic, nonprofit Florida Theatre will be transformed into "The Florida Theatre Ball — Big Easy Style," presented by Dex Imaging. The evening will support the theater's mission to enhance Northeast Florida's quality of life by bringing unique arts and entertainment experiences to the community and preserving a historic Jacksonville landmark. The evening starts with complimentary valet parking, then a night of craft cocktails in

the theater, New Orleans-inspired cuisine, a one-of-a-kind auction and dancing to The Band Be Easy.

"Dex Imaging Inc. is delighted to partner with the Florida Theatre again this year for the Florida Theatre Ball!" said Angela Merritt, senior account manager with Dex Imaging. "This one-of-a-kind event supports arts, entertainment and this wonderful historic theater. We look forward annually to what the staff and committee plan for this event. We are excited to celebrate this year, New Orleans style."

Carolyn Klucha and Laura Phillips Edgecombe are co-chairs of this event.

"This year's themed event will be highenergy and interactive with something for everyone," said Klucha. "Supporters will enjoy an authentic New Orleans-style night market, Voodoo Lounge with tarot card readers, adult face painting, a casino, live music, dancing, food, drinks and an after-party hot dog cart, all included in the price of a ticket. It's a great value for a fun-filled evening that supports a great cause. We hope everyone in Jacksonville and surrounding communities will come out and support the arts and music, plus experience all the improvements made to our city's highly rated, almost century-old theater so it can be enjoyed for generations to come."

"The Florida Theatre Ball is by far one of the best nights of the year — great music, delicious bites, themed outfits and countless friends coming together to support Jacksonville's 1927 historic venue as it continues its commitment to ensuring the theater remains a destination for music and performing arts, all while ensuring the maintenance of the building as a historic resource to the community," Edgecombe said. "Diverse and memorable arts and entertainment experiences are critical to the sustainability of our city's future, and supporting the Florida Theatre guarantees Downtown Jacksonville will continue to grow and thrive as a dynamic center for the arts, dining and entertainment. We cannot wait to share this night with everyone."

"The Florida Theatre fundraises just 15% of its budget every year, and that sounds like a small and reasonable number, but it's 100% of our ability to do the special things that make the Florida Theatre a special place: support arts education programs, support free tickets for veteran's groups and Title 1 schools, and of course maintain the Florida Theatre with historic integrity," said Numa Saisselin, president of the Florida Theatre. "It's a fundraiser, sure, but we've worked hard to make it a fun and not stuffy fundraiser every year. A New Orleans theme will surely be fun."

"The Florida Theatre Ball Big Easy Style" will be presented at 6 p.m. May 20 at the Florida Theatre in downtown Jacksonville. Contact Nicole Karlove at nicole@floridatheatre.com or 904-562-5980 to get tickets. Or go to floridatheatre.com.

Sponsorships include: Canal Street Sponsor, \$9,500; St. Charles Avenue Sponsor, \$7,500; Royal Street Sponsor, \$5,000; Frenchman Street Sponsor, \$2,500; Congo Square Sponsor, \$500; New Orleans, \$150 (individual ticket).

From pop, jazz, rock, comedy, country and blues to ballet, the historic Florida Theatre annually offers more than 150 cultural and entertainment events for every taste and age.

To learn more about educational performances for schools, rentals, membership, or the nonprofit corporation that manages the Florida Theatre, go to floridatheatre.com.







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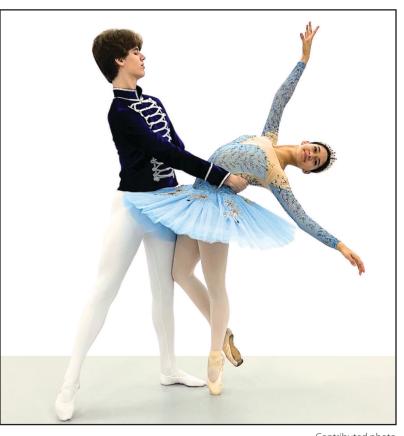
'Cinderella' employs ballet, contemporary dance in upcoming show

"Cinderella," a fresh retelling of the classic fairytale through dance, will be presented by Zoika's Dance on May 20 and 21 at Lewis Auditorium. A fun show for the whole family, "Cinderella," combines the beauty and romance of classical ballet with the electricity of contemporary dance genres, including hip hop, tap, modern and acro dance.

Performances will be presented at 7 p.m. Saturday, May 20, and at 1 and 6 p.m. Sunday, May 21. Lewis Auditorium is located at 14 Granada St., St. Augustine. Tickets are \$20 and \$30 and may be purchased online at zoikasdance.com.

"We are thrilled to tell this story with both vibrant, contemporary dance and classical ballet," explained director and choreographer Zoika Garcia. "It offers something exciting for everyone."

St. Augustine dancers Claudia Mueckay and Jake Karger will portray Cinderella and the Prince. The two have danced together since they were children, bringing a closeness and genuine connection to their roles. They will be joined onstage by dancers Mileena Bicknell and Catalina Davis, reprising their roles as Cinderella's stepsisters. Tegan Bracewell, who also dances with Dance Alive National Ballet Next Generation, will portray the Fairy Godmother. Young vocalists, led by professional soprano and vocal



Contributed photo

Claudia Mueckay and Jake Karger will dance the roles of Cinderella and the Prince in 'Cinderella' on May 20 and 21 at Lewis Auditorium in St. Augustine.

coach Lisa Lockhart, will sing a musical selection before each performance. Signing will be provided by deaf interpreter Amanda Villalobos.

Professional dancers and actors will join young dancers in the production. The role of Cinderella's Stepmother will be portrayed by professional tap dancer Jenne Vermes. She will be joined by fellow professional dancers Sean Mansfield (tap/hip hop), Amaani Grant (hip hop, contemporary, tap), Katie DeAcutis (hip hop), Alex Rubio (tap), Christie Woodson (tap) and Kayla Rooney (hip hop). St. Augustine actors and musicians Tommy Bledsoe and Joy D'Elia will reprise their roles as the King and Queen.

Garcia is committed to sharing the magic of "Cinderella" with members of the community who might not otherwise be able to attend. Zoika's Dance has partnered with local nonprofits, the Betty Griffin House, The Florida School for the Deaf and the Blind, Deafinite Movement and Fostering Connections to provide tickets for children served by the organizations to attend the shows. Local sponsors of the production are making this possible through their financial support.

For information on becoming a sponsor and sharing this arts experience with local children, go to zoikasdance.com/sponsors.



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Photos by Anthony Richards



Jake Guarnera stands with his parents after committing to play football at the University of Michigan.



Jake Guarnera took a bite out of a Michigan frosted donut to celebrate his decision.

GUARNERA CHOOSES MICHIGAN, EYES FUTURE DEVELOPMENT

By Anthony Richards

For Ponte Vedra High junior Jake Guarnera, he has been dreaming of playing college football for some time now, and he took a big step forward in making that dream become a reality by announcing his verbal commitment to the University of Michigan.

The announcement came during a ceremony in the Ponte Vedra High auditorium April 28 and was made with a host of family, friends and teammates on hand to celebrate the occasion.

Michigan was one of five schools Guarnera had narrowed it down to before making his final decision, with the others being Penn State, Florida, Rutgers and North Carolina State.

"It got a little stressful at the end and people have no idea how close it was between Michigan and Penn State," Guarnera said.

According to Guarnera, as an offensive lineman, it was the Wolverines' recent success that played a huge role in the decision-making process.

"They really have a track record of great development, and I think we can win a title with the class we're building in 2024," Guarnera said.

Part of the success includes the Wolverines winning back-to-back Joe Moore Awards, which is given to the most outstanding offensive line unit in college football, and Olusegun Oluwatimi winning the Rimington Trophy given to the nation's best center.

Although Guarnera plays offensive tackle for the Sharks, he will make the transition to center at the col-



Layne Swafford (right), who has signed to play football with the University of Florida was one of many teammates and friends that were in the Ponte Vedra High auditorium for the

lege level. It is a challenge he is ready to embrace.

"I think I'll fit in perfect at the center spot," Guarnera said.

The announcement took place after school, which meant he had to go all day with the excitement of mak-

ing the decision in the back of his mind.

"I woke up really excited and was not looking forward to school," Guarnera chuckled. "I knew seventh period was going to be super long."

The recruiting process was one that Guarnera will look back on fondly at the amazing opportunity he was presented with to receive offers and tour campuses and facilities at several top-notch programs across the country.

"It was just so crazy but a lot of fun," Guarnera said. However, he is happy to have committed prior to the end of his junior year and is ready to focus on ending his senior season with the Sharks on a high note next fall.

Guarnera is continuing the family tradition of playing football, as his dad, Jim Guarnera, also played college ball at Rutgers University, which was one of Jake's finalists

"I started playing football when I was like 5 years old with flag football for two years and then we went to tackle," Guarnera said. "Other than playing quarterback in flag football, I've always been along the line. I played defense and offensive line all the way through middle school, but once I got to high school I've been focusing on the o-line."

One of the unique aspects of the announcement was that Guarnera had five donuts in front of him on the table decorated with each respective school's colors and logo.

After making his decision, he grabbed the Michigan donut and took a big bite out of it while wearing a Michigan shirt and hat, just in case anyone in the audience was still not sure where he was going.

Ponte Vedra Recorder · May 4, 2023

Sharks race their way to district titles

The Ponte Vedra High boys and girls track teams each won their third consecutive district titles. Forty-two athletes from the programs qualified for the regional meet at the University of North Florida on May 3-6.

Photo courtesy of Dipak Rajhansa





Play ball!

The Florida Gators defeated the Florida State Seminoles 7-5 as part of the Sunshine Showdown Series at the 121 Financial Ballpark in downtown Jacksonville on May 2. A crowd of more than 8,000 fans of both teams attended the contest.

Photos by Anthony Richards











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IMPORTANT INFORMATION ABOUT YOUR DRINKING WATER Ponte Vedra System and

Sawgrass Grid
Chemical Monitoring Public Notice

What happened?

Our water system did not meet the requirements of a drinking water rule. Although this is not an emergency, as our customers, you have a right to know what happened, what you should do, and what we are do-ing to correct this situation.

We are required to monitor your drinking water for specific contaminants on a regular basis. Results of regular monitoring are an indicator of whether or not your drinking water meets health standards.

"During the 2022 monitoring period, we did not conduct annual monitoring or testing for Nitrate and Nitrite. However, prior samples, collected in January and June of 2021, as well as samples tested on January 5th, 2023 were found to have insignificant or even undetectable levels of nitrate and/or nitrite."

What should I do?

You do not need to any other corrective actions.

Infants below the age of six months who drink water containing nitrate in excess of the MCL could become seriously ill and, if untreated, may die. Symptoms include shortness of breath and blue-baby syndrome.

Any customers who are concerned about their exposure to these con-taminants can choose alternative sources of water for ingestion.

What does this mean?

This is not an immediate risk. If it had been, you would have been notified immediately.

What is being done?

Upon notification the required Nitrate and Nitrite samples were immediately collected on January 5, 2023. An operational review has been conducted and additional safeguards have been put in place to assure this type of oversight cannot happen in the future.

For more information, please contact Daniel J. Nowaczyk at (904) 669-7480 or contact the Department of Environmental Protection, Potable Water Section at 904-256-1700.

Please share this information with all the other people who drink this water, especially those who may not have received this notice directly (for example, people in apartments, nursing homes, schools, and businesses). You can do this by posting this notice in a public place or distributing copies by hand or mail.

This notice is being sent to you by our water system: Ponte Vedra System and Sawgrass Grid Potable Water System ID: 2554343 and 2551004

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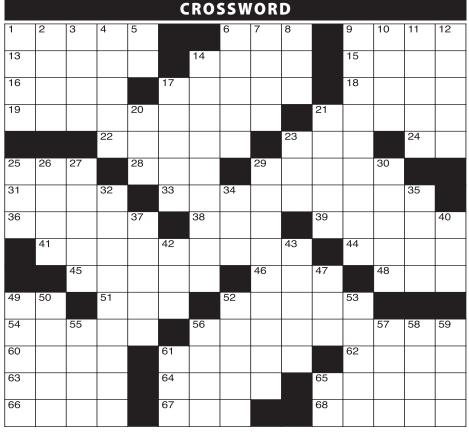
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- 1. Dull and flat
- 6. Baking measurement (abbr.)
- 9. Education-based groups
- 13. Not behind
- 14. Runners run them
- 15. Japanese ankle sock
- 16. Grave
- 17. Japanese industrial city
- 18. People of southern Ghana19. Particular designs
- 21. Device fitted to
- something 22. Infections
- 23. Pirates' preferred alcohol
- 24. Expression of sympathy
- 25. Rock guitarist's tool
- 28. Neither
- 29. Ancient city of Egypt
- 31. You __ what you sow
- 33. Ruined
- 36. Narrations
- 38. Body art (slang)
- 39. Fencing sword
- 41. Apartment buildings
- 44. Type of missile
- 45. Fathers
- 46. Extremely high frequency
- 48. Type of school
- 49. Incorrect letters
- 51. Two-year-old sheep
- 52. Nasty manner
- 54. One who accepts a bet
- 56. Indian prince60. Asian country
- 60. Asian country
- 61. Rhythmic patterns in Indian music
- 62. "Uncle Buck" actress Hoffmann
- 63. Detailed criteria
- 64. Son of Shem
- 65. Talked wildly
- 66. Discount
- 67. Not good
- 68. Growing out

DOWN

- Actor Damon
- 2. A call used to greet someone
- 3. Part-time employee

- Emaciation 34. Disallow
- 5. "Westworld" actor Harris
- 6. Gains possession of

4.

- 7. Relaxing spaces8. 23rd star in a constellation
- 9. Northern grouse
- 10. Monetary unit of Bangladesh
- 11. Manila hemp
- 12. Unites muscle to bone
- 14. Makes deep cuts in17. 18-year period between
- eclipses

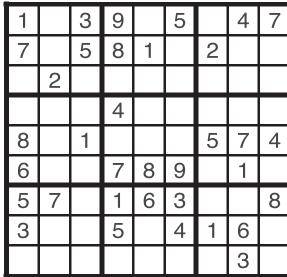
 20. Member of a people
- inhabiting southern Benin
- 21. Synthetic rubbers
- 23. Unwelcome rodent25. Expression of creative skill
- 26. Some is red
- 27. Seems less in impressive
- 29. Harry Kane's team
- 30. Gland secretion
 32. Action of feeling sorrow
- 30. Gland secretion

- 37. More dried-up
- 40. Crimson42. Actress Ryan
- 43. Adherents of a main branch of Islam

35. Deceptive movement

- 47. Accomplished American president
- 49. Side of a landform facing an advancing glacier
- 50. Sheep breed
- 52. Appetizer
- 53. Broadway actress Daisy
- 55. Influential film critic
- 56. NY Giants ownership family
- 57. Type of script
- 58. Assist
- 59. London park
- 61. Bar bill
- 65. In reply indicator

SUDOKU



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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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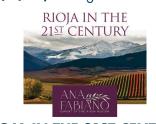
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